

session 5: **teacher resource** THE GUESSING GAME **Newborn to Four Months**



<p>I sleep for long periods of time. <i>How old am I?</i></p>	<p>I need my parents to meet all my needs so that I can begin to trust I will be taken care of. <i>How old am I?</i></p>
<p>I eat every two to four hours, depending on whether I am breast-fed or bottle-fed. <i>How old am I?</i></p>	<p>My way of eating is through my strong sucking reflex that I use to drink a bottle, breast feed and even comfort myself when I am fussy. <i>How old am I?</i></p>
<p>I usually need for my mommy or daddy to take care of me in the night. They can't wait 'til I can sleep all night by myself! <i>How old am I?</i></p>	<p>I am uncoordinated and need help holding my head up. I wiggle around in my bed and try to turn from stomach to back. <i>How old am I?</i></p>
<p>I only take formula, breast milk or water in a bottle. <i>How old am I?</i></p>	<p>During this time I first begin to smile at people. <i>How old am I?</i></p>
<p>I need time to adjust to living outside of the womb. <i>How old am I?</i></p>	<p>I cry to be held and comforted, to be fed or to have my diaper changed. <i>How old am I?</i></p>



<p>I'm beginning to babble and giggle. <i>How old am I?</i></p>	<p>I am sitting up with little or no support now. <i>How old am I?</i></p>
<p>My vision has become fully developed, and I look at everything around me in a new way. <i>How old am I?</i></p>	<p>I am beginning to crawl. <i>How old am I?</i></p>
<p>I am beginning to reach for objects; I also have the coordination to put these objects in my mouth. <i>How old am I?</i></p>	<p>I am eating cereal, juice and mashed fruit now. <i>How old am I?</i></p>
<p>I am beginning to smile when I hear a familiar voice – like my mom's or dad's. <i>How old am I?</i></p>	<p>I am starting to interact with others in playing games like peek-a-boo. <i>How old am I?</i></p>
<p>I am awake and alert for more time. <i>How old am I?</i></p>	<p>I am teething and drooling, and my bottom teeth will come in first. <i>How old am I?</i></p>

session 5: **teacher resource** THE GUESSING GAME **Eight to Twelve Months**



<p>I often yell and scream in a deliberate way to see what it is like. <i>How old am I?</i></p>	<p>I am beginning to eat solid foods, like pieces of cheese, chicken and bread. <i>How old am I?</i></p>
<p>The way I communicate is to point at what I want. Sometimes I point at everything because I want everything. <i>How old am I?</i></p>	<p>I am moving around, sitting, and crawling much better now. I may even be walking. <i>How old am I?</i></p>
<p>I am beginning to make a mess when I play because I want to see what it is like to dump everything all over the place. <i>How old am I?</i></p>	<p>I have a few teeth and more teeth are growing in. Sometimes I am cranky while I am teething. <i>How old am I?</i></p>
<p>I practice picking up very small objects and move farther away from mommy and daddy to see what the world is all about. <i>How old am I?</i></p>	<p>I can say simple words like: "bye-bye," "mama" and "papa." <i>How old am I?</i></p>
<p>I like to eat with my fingers. I try using a spoon, but it doesn't work, so I go back to using my fingers. <i>How old am I?</i></p>	<p>During this time, I am beginning to express more feelings. I show feelings of being excited, happy, sad, hurt and angry. <i>How old am I?</i></p>

session 5: **teacher resource** THE GUESSING GAME **One to Two Years**



<p>I like looking at simple picture books with farm and zoo animals. <i>How old am I?</i></p>	<p>I like trying to do things myself. <i>How old am I?</i></p>
<p>I like running away from mommy and daddy so that they can catch me. <i>How old am I?</i></p>	<p>I like to tell mommy and daddy “no.” <i>How old am I?</i></p>
<p>I can take off my clothes now, but I need help to put them back on. Mommy or daddy sometimes gets mad because I do this even when it’s not time to get undressed. <i>How old am I?</i></p>	<p>I am pushing and pulling toys and furniture around. <i>How old am I?</i></p>
<p>I have figured out that if I push a chair up to a counter or table, I can stand on the chair and reach for things in high places. <i>How old am I?</i></p>	<p>I do not like to share my toys, and I say “mine” or “me” if other kids try to play with them. <i>How old am I?</i></p>
<p>I am now better at walking and love to climb on everything. <i>How old am I?</i></p>	<p>I am learning new words all the time and imitating things I hear. <i>How old am I?</i></p>

session 5: **teacher resource** THE GUESSING GAME **Two to Three Years**



<p>I am just about toilet trained now. I usually tell someone every time I have to use the bathroom, and sometimes I go by myself. I still have accidents at times because I forget.</p> <p><i>How old am I?</i></p>	<p>I am talking and asking questions that start with why, how come, what and where.</p> <p><i>How old am I?</i></p>
<p>Even though I drink from a cup all by myself, I still spill at times.</p> <p><i>How old am I?</i></p>	<p>I like singing simple songs, counting and playing with blocks.</p> <p><i>How old am I?</i></p>
<p>I can play with other children for short periods of time, and I'm starting to learn to share my toys.</p> <p><i>How old am I?</i></p>	<p>I can talk in sentences that have five to eight words.</p> <p><i>How old am I?</i></p>
<p>I like playing with water, sand, simple puzzles and finger paints.</p> <p><i>How old am I?</i></p>	<p>I repeat everything that my father and mother say – even bad words!</p> <p><i>How old am I?</i></p>
<p>I try doing everything by myself and sometimes get frustrated when I can't.</p> <p><i>How old am I?</i></p>	<p>Sometimes I see candy that I want in the grocery store, and if my mommy or daddy says no, I lie on the floor and cry and scream!</p> <p><i>How old am I?</i></p>

session 5: **teacher resource** THE GUESSING GAME **Three to Four Years**



<p>When I am in the park, I can now climb up the slide and go down by myself. <i>How old am I?</i></p>	<p>I like playing with my friends. We can play for longer periods of time with my mom or dad nearby. <i>How old am I?</i></p>
<p>I climb the monkey bars and am very fast and well-coordinated in running, jumping and hopping. <i>How old am I?</i></p>	<p>I like to pretend I am a firefighter, doctor, police officer, construction worker, dancer or artist. <i>How old am I?</i></p>
<p>I like playing games where I have to match cards with pictures on a board. <i>How old am I?</i></p>	<p>I can now take my clothes off and put them on with some help. <i>How old am I?</i></p>
<p>I can sit and listen to my mother and father read story books with a lot of words. I often want the same story read to me over and over again. <i>How old am I?</i></p>	<p>I like playing pretend games that have heroes and bad guys. <i>How old am I?</i></p>
<p>I want my mom or dad to let me cut with a knife when I eat, but I am still not ready to use one. <i>How old am I?</i></p>	<p>I can now use child-safe scissors to cut paper that I paste on something else. <i>How old am I?</i></p>