Physical signs of narcotic and opioid prescription painkiller addiction may include:

- Noticeable elation/euphoria
- Marked sedation/drowsiness
- Confusion
- Constricted pupils
- Slowed breathing
- Intermittent nodding off or loss of consciousness
- Constipation

Other signs may include:

- Shifting or dramatically changing moods
- Social withdrawal/isolation
- Consistently late for work or increase in absences
- Loss of control over medication use
- Building tolerance and steadily needing more of the drug to feel its effects
- Taking medication for other reasons besides pain, such as when depressed
- Taking medication that was prescribed for another person

If you are concerned about an employee or a co-worker, GET HELP! Talk with your supervisor or human resources professional. For more information, visit DoseOfReality.Texas.gov